

Daily Wellness Check

WE NEED YOUR HELP!

GV Hawaii students, staff, and faculty must complete a self-wellness check each day before school if fully vaccinated or not. Please report any illness or COVID-19 exposure to the school or supervisor.



HELP US TO KEEP OUR

SCHOOL HEALTHY

AND SAFE!

CHECK FOR COVID-19-LIKE SYMPTOMS OF ILLNESS

If you have any symptoms below, please stay home!

- □ Fever (higher than 100°F or hot to the touch)
- □ Chills
- □ Cough
- □ Shortness of breath or difficulty breathing
- □ Fatigue
- □ Muscle or body aches
- □ Headache
- □ New loss of taste or smell
- □ Sore throat
- □ Congestion or runny nose
- □ Nausea or vomiting
- □ Diarrhea

WHAT IS A CLOSE CONTACT AT SCHOOL?

within 6 feet 15 minutes or more within a 24 hour period

within 3 feet

Mask ON

15 minutes or more within a 24 hour period

A close contact is a person who was within 6 feet of a person with COVID-19 infection for 15 minutes or more over a 24-hour period where people were eating and drinking and not wearing masks.



A close contact is a person who was within 3 feet of a person with COVID-19 infection for 15 minutes or more over a 24-hour period where people were wearing masks.





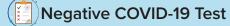




When can I return to school/work?

For Someone with COVID-19-like Symptoms

Must meet ALL three criteria in ONE of these columns



- Proof of a negative COVID-19 test result.
- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.
- 3 Symptoms have improved.

At Least 5 Days

- 1 At least 5 days have passed since symptoms first appeared.
- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.
- 3 Symptoms have improved.

Doctor's Note*

- A signed note from a licensed medical provider.
- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.
- 3 Symptoms have improved.

For Someone with Other Symptoms Must meet ALL criteria below

1 No known risk of recent exposure to COVID-19.

- At least 24 hours have passed since last fever without the use of fever-reducing medication.
- 3 Symptoms have improved.

For Someone Who Tests Positive for COVID-19

Must meet ALL criteria below

- At least 5 days have passed since symptoms onset, or if no symptoms, at least 5 days have passed since the date of the positive test.
- At least 24 hours have passed since last fever without the use of fever-reducing medication.
- 3 Symptoms have improved.
- Must continue to adhere to masking requirements.

For Someone Who Is a Close Contact at school of a COVID-19 Case[†]

- Quarantine is not required regardless of vaccination status. You may remain in school unless you develop symptoms or test positive for COVID-19.
- Testing recommended at least 5 days after your last contact with the person with COVID-19, even if you don't have symptoms.
- Monitor for COVID-19-like symptoms.
- 4 Must continue to adhere to masking requirements.

^{*}When there is low-suspicion of COVID-19 or diagnosis of another health condition (e.g., allergy or asthma), a medical provider may use clinical judgment to allow return to school or work.

[†]People infected with COVID-19